



## Cognitive Support

Improve cognitive health while protecting the brain with herbs and nutrients found in Cogniplex and BioTrienol. This combination is an effective and natural alternative for those suffering with memory impairment or seeking to enhance their performance in learning and memory capabilities.

Remedy	Dose	Daily Directions
Cogniplex	2 capsules	two times a day
BioTrienol	1 capsule	two times a day

### COGNIPLEX

**Recommended dosage (adult):** 2 capsules two times daily. Consult a healthcare practitioner for use beyond 6 weeks.

**Cognitive benefits:** Cogniplex contains a combination of herbs as memory and cognitive enhancers (nootropics), with the ability to increase blood flow to the brain and circulation of blood and oxygen throughout the brain. In addition, enriched neurotransmission and nerve synapsis leads to improved concentration, learning, and memory encoding.<sup>1</sup>

By improving cognitive function and increased neuroprotective properties, Cogniplex is an effective and natural alternative to assist with cognitive function and to enhance performance in learning and memory capability.<sup>2</sup>

**Key Features:** Assists in cognitive function<sup>4</sup>, increases blood flow to the brain,<sup>3</sup> increases circulation in the brain,<sup>4</sup> enhances memory and learning,<sup>1,2,5</sup> age-related cognitive decline,<sup>6</sup> and neuroprotection.<sup>7</sup>

### BIOTRIENOL

**Recommended dosage (adult):** 1 capsule two times daily. Minimum 3 months.

**Cognitive benefits:** BioTrienol contains a natural vitamin E Tocotrienols complex and alpha-Tocopherol. It contains a rich source of fat-soluble antioxidant nutrients bound on phospholipids to support cognitive health and provide important neuroprotection.

**Key features:** Fat-soluble antioxidant nutrient, support brain function, cognitive health, and neuroprotection.<sup>8,9,10</sup>